

# Maine Seaweed Council

## Harvest Guidelines for Maine Seaweeds

Common Name <i>Scientific Name</i>	Traditional Harvest Season	Traditional Harvest Height	% of biomass removal based on assessment at the beginning of the harvest	Method of Harvest
<b>Dulse</b> <i>Palmaria palmata</i>	5/1-10/31	Should be harvested above the holdfast	75% per harvest as regrowth permits	Although it is recognized that improper hand harvesting can lead to over harvesting, mechanical harvesting has the potential for removal of far more biomass in less time. For this reason, selectivity should be employed regardless of method of harvest and any form of harvesting should undergo careful scrutiny to verify that it is an environmentally concerned, ecological and sustainable method.
<b>Fucus, Bladderwrack †</b> <i>F. vesiculosus, F. evanescens</i> [syn <i>Fucus edentatus</i> ]	Year round	Should be harvested above the holdfast	30% per year	
<b>Irish Moss (&amp; false)</b> <i>Chondrus crispus, Mastocarpus stellatus</i>	6/1-11/30	Should be harvested above the holdfast	30% per year	
<b>Kelp, Fingered †</b> <i>Saccharina digitata</i> [syn <i>Laminaria digitata</i> ]	Year round	Should be harvested above the holdfast	30% per year	
<b>Kelp, Oarweed †</b> <i>Saccharina longicuris</i> [syn <i>Laminaria longicuris</i> ]	3/1-8/31	Should be harvested above the holdfast	30% per year	
<b>Kelp, Sugarwrack †</b> <i>Saccharina latissima</i> [syn <i>Laminaria saccharina</i> ]	3/1-8/31	Should be harvested above the holdfast	30% per year	
<b>Kelp, Winged</b> <i>Alaria esculenta</i>	3/1-8/31	Should be harvested above the holdfast and sporophylls (wings)	30% per year	
<b>Nori</b> <i>Porphyra spp.</i>	4/1-10/31	Should be harvested above the holdfast	75% per harvest as regrowth permits	
<b>Rockweed, Knottedwrack</b> <i>Ascophyllum nodosum</i>	Year round	(A)	17% per year or 50% per 3 years †	
<b>Sea Lettuce</b> <i>Ulva lactuca</i>	4/1-10/30 †	Should be harvested above the holdfast	75% per harvest as regrowth permits	
<b>Wormweed</b> <i>Ascophyllum nodosum f. scorpioides</i>	Year round	May be harvested in its entirety	75% per harvest as regrowth permits	
<b>† 2009 Revision</b>				
(A) As defined by the Maine Dept. of Marine Resource Regulation 29.05:	(1) "The lowest lateral branches shall remain undisturbed and attached to the main stalk of the rockweed that is attached to the substrate; and (2) a minimum of 16 inches of the rockweed shall remain above the holdfast"			